CONFLICT DIAGNOSIS EXERCISES FOR STUDENTS GROUP WORK



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## **EXERCISE 1**

## **"DIFFICULT DIVORCE I" – CONFLICT ANALYSIS**

First, please paraphrase the following statement in pairs. It is an excerpt from a husband's account of his divorce. Afterwards, discuss together in a group of 4-6 people what you think the circumstances of the conflict are, the topics to work on, the type of conflict, the level of escalation of the conflict. Furthermore, think about what might be the needs of the husband in this situation and what could be the needs of his (ex-)wife. What needs and interests might be the same? What needs and interests are different, maybe even opposing?

"... I don't understand why everything was so downplayed by the youth welfare office later. "That could happen sometimes." Strangely, my wife could afford to make some mistakes, she didn't keep appointments at the youth welfare office or they believed her lies without checking. As a result, I have not seen our children for over four years, except in court. I have a suspicion that I want to be careful about. I have always tried to treat the children and my wife properly. Therefore I cannot understand that according to the youth welfare office, the well-being of my children is guaranteed if I have not been in contact with them for more than four years. From the start, people were using time against me to alienate the children."

## EXERCISE 2

## **"DIFFICULT DIVORCE II" – CONFLICT ANALYSIS**

First, please paraphrase the following statement in pairs. It is an excerpt from a husband's account of his divorce. Afterwards, discuss together in a group of 4-6 people what you think the circumstances of the conflict are, the topics to work on, the type of conflict, the level of escalation of the conflict. Furthermore, think about what might be the needs of the husband in this situation and what could be the needs of his (ex-)wife. What needs and interests might be the same? What needs and interests are different, maybe even opposing?

"... I had always behaved correctly towards my wife in the year of the separation and tried to talk about it again in a proper conversation without arguing with her. She just said that I hadn't done anything wrong. She even said that it's not me. However, she couldn't tell me exactly what led her to this step (separation). At first she wanted to try again. But then she was manipulated by Mr. X (my rival) again. He was obsessed with destroying our marriage and acted out of selfishness. Every means was right for him".